Deliverance

Reclaiming the soul from fear, anxiety and spiritual bondage.

TEACHING OUTLINE

1 What Is Deliverance?

- Deliverance restores spiritual freedom
- It removes spiritual oppression and deception
- It addresses lies that hold the soul captive
- It leads people back into their identity in Christ

2 The Reality of Spiritual Warfare

- We battle spiritual forces, not just circumstances
- The enemy works primarily through deception
- Lies become strongholds in the mind
- Truth dismantles those strongholds

3 How Strongholds Form

- Painful experiences create vulnerability
- Lies form during moments of rejection or fear
- Those lies shape identity and behavior
- The enemy reinforces those lies over time

4 The Authority of Christ

- Jesus defeated the powers of darkness
- The cross disarmed spiritual authorities
- Believers stand in Christ's authority
- Freedom flows from His victory

5 **The Soul Care Deliverance Process**

- Repentance
- Forgiveness
- Renouncing lies
- Exercising Christ's authority
- Filling with the Holy Spirit

6 **Repentance**

- Confess sin honestly
- Turn away from destructive patterns
- Invite God to cleanse the heart

7 **Forgiveness**

- Unforgiveness keeps wounds alive
- Bitterness gives the enemy influence
- Forgiveness releases people to God

8 **Renouncing Lies**

- Identify lies you have believed
- Reject those lies verbally
- Replace them with truth

9 **Walking in Freedom**

- Renew the mind daily
- Fill the soul with truth
- Stay connected to community
- Walk in your identity in Christ

10 **Key Takeaway**

- Freedom is part of the gospel
- Jesus came to set captives free
- Deliverance restores the soul
- Truth brings lasting transformation

READ MORE

- Deliverance — narrated film, presentation and checklists